



Weekly Worship Monthly Challenge

Worship is a feeling or expression of honor and adoration of God. Let's grow in worship by doing the following each day of the week for the entire month!

- ☐ Music Monday - curate a playlist of songs that express your heart to God. Every Monday, listen and worship God by singing to Him. Here's a premade playlist, if needed. Search "Kate Posthuma/The Sanctuary - Worship July, 2021"
- ☐ Unto the Lord Tuesday - *And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through Him. Colossians 3:17* Do something to honor the Lord that costs you, i.e., an act of kindness, overlook an insult, serve, forgive, etc...
- ☐ Wonder Walk Wednesday - take a walk (bike ride, car ride, etc...) outside. Take time to intentionally notice how God is working in His creation and/or your life and give Him praise!
- ☐ Thankful Thursday - Using the 26 letters of the alphabet, fill in the blank, "God, You are _____." for each letter. Example - "God, You are Awesome" "God, You are Beautiful" "God, You are Caring" If you do 6 letters each Thursday, you'll get through the whole alphabet by the end of this month's challenge!
- ☐ Freestyle Friday - Expand your worship mindset! Think outside the box and find ways you can worship God today. Share your ideas on Instagram and tag us @cfcwomensministries. Your ideas are sure to inspire others!
- ☐ Psalm of Praise Saturday - Use one of the following Psalms (NLT Version) to say to God in praise to Him: Psalm 95:1-7, Psalm 100, Psalm 19:1-6, Psalm 23, Psalm 138, Psalm 150.
- ☐ Silent Sunday - Still and silence your heart and life today. Think about God in all of His power and majesty. Offer silent prayers of honor and adoration throughout the day.

